



What Is Icon?

Icon is a food delivery service that delivers pre-cooked meals shipped directly to your door. Meals are reheated using a microwave with easy-to-open packaging. Icon meals are ordered by the box or a la carte and are not a subscription service.

Sign Up

- #1** - In your browser, go to iconmeals.com.
- #2** - Press **Create Account**.
- #3** - Fill in your name and email address.
- #4** - Create a password and press **Create**.
- #5** - Select the section you would like to shop at the top of the site.
- #6** - Select your product and press **Add to Cart**.
- #7** - Press **Checkout** in the cart and complete checkout.

Meal Options

The Icon menu selections change routinely but generally include:

- Signature Meals - choose from 30 or more options
- A la Carte or Bulk - pick and choose from over 20 bulk proteins, carbs, and veggies
- Custom Meals and Breakfast - create your own plates to fit your needs or desires



Dietary Needs or Restrictions

Icon takes allergens and the health of their clients seriously and wants to ensure you are able to make informed decisions. The protein snacks, Signature Meals, and A la Carte allergens and ingredients are listed online as well as on each label. Custom Breakfast & Custom Meal allergens and ingredients are also listed online but are not included on the label (due to limited space).

Other Questions

For additional information or questions, go to [Icon's Help Center](#) or call (844) 879-4266.