



Enhance your lifestyle at Affinity with health and wellness tools and services you'll find in our new app. MyAffinity is a convenient, easy-to-use app for your smartphone or tablet.

Wellness

To access the wellness content, you can press the **Wellness** button on the home screen. Here you will see a variety of health and wellness content for the community.

Healthy Recipes

#1 - To access a library of healthy recipes, press the **Healthy Recipes** button.

#2 - Scroll through the recipes. To view a recipe, press **View**, just below the recipe's name and image.

Fitness Classes

#1 - To access this feature, press the **Fitness Classes** button.

#2 - You can filter the classes by type. Type into the search bar to search for specific classes or keywords.

#3 - To view the details about a class, press **View**.

#4 - To play the video for a class, press the play button on the image of the video.



Fitness Challenges

#1 - To view the community fitness challenges, press the **Fitness Challenges** button.

#2 - Here you will see fitness challenges being hosted in your community. Press **View** to see more details about each challenge.

#3 - To join a challenge after viewing more details, press **Join**.

Support

If you need assistance with the MyAffinity app, press the phone icon in the bottom right corner that says **Support**. You can also call MyAffinity Support directly at (888) 808-0791. Our support team is available Monday - Friday: 8am - 5pm PST.